



# GOOD COACHING HINTS

- be prepared
- be organised
- have sufficient equipment
- dress like a coach
- be punctual
- don't abuse players
- coach better technique
- ensure that training balls are properly inflated before you start
- if things go wrong
  - stop
  - show
  - practice
  - re-start
- provide clear instructions and effective feedback
- kneel down when you to talk to young players
- enjoy yourself